

May 2018

Lamar County Elementary, Middle and High Schools

School News

Monday

Tuesday

Wednesday

Thursday

Friday

Pancake Pup or Cereal & Wheat Toast
Fruit & Choice of Milk ✓ **1**

Corn Dog or Tator Tot Casserole w/ Honey Roll, Seasoned Carrots, Green Beans, Fruit & Choice of Milk ✓

Poptart or Cereal & Apple Cinn Muffin
Fruit & Choice of Milk ✓ **7**

Cheese Burger or BBQ Chicken, Baked Beans, Potato Wedges, Fruit & Choice of Milk ✓

Super Donut or Cereal & Toast
Fruit & Choice of Milk ✓ **14**

Hot Dog or Meat Loaf w/ Honey Roll Green Beans, Carrot, Fruit & Choice of Milk ✓

Cereal & Cinn Toast or Manager's Choice,
Fruit & Choice of Milk ✓ **21**

BBQ Pork Sandwich or Manager's Choice, Potato Wedges, Garden Salad w/ Ranch, Fruit & Choice of Milk ✓

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No School until August 6, 2018

Pancake Pup or Cereal & Wheat Toast
Fruit & Choice of Milk ✓ **1**

Corn Dog or Tator Tot Casserole w/ Honey Roll, Seasoned Carrots, Green Beans, Fruit & Choice of Milk ✓

French Toast & Sausage Link or Cereal & Toast
Fruit & Choice of Milk ✓ **8**

Italian Spaghetti w/ WG Roll Manager's Choice Green Beans, Sweet Potato Tots, Fruit & Choice of Milk ✓

Cereal & Toast or Ham & Cheese Quesadilla
Fruit & Choice of Milk ✓ **15**

Nachos and Salsa, or Ham Sandwich, Lettuce & Tomato Cup, Seasoned Corn, Fruit & Choice of Milk ✓

Cereal & Wheat Toast or Manager's Choice,
Fruit & Choice of Milk ✓ **22**

Spaghetti and Honey Roll or Manager's Choice, Green Beans, Sweet Potato Puffs, Fruit & Choice of Milk ✓

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Cini Minis or Cereal & Wheat Toast
Fruit & Choice of Milk ✓ **2**

Turkey Sandwich or Beef Taco, Lettuce & Tomato, Pinto Beans, Fruit & Choice of Milk ✓

Breakfast Pizza Or Cereal & Toast
Fruit & Choice of Milk ✓ **9**

Sliced Turkey w/Rice and Gravy and Honey Roll or Ham Sandwich, Steamed Broccoli, Pinto Beans, Fruit & Choice of Milk ✓

Sausage Biscuit or Cereal & Toast
Fruit & Choice of Milk ✓ **16**

Pork Roast w/ Gravy and Cornbread or Manager's Choice Southern Greens, Mashed Potatoes, Fruit & Choice of Milk ✓

Cereal & Wheat Toast or Manager's Choice,
Fruit & Choice of Milk ✓ **23**

Sliced Turkey w/Rice & Gravy and Honey Roll, or Manager's Choice Steamed Broccoli, Pinto Beans, Fruit & Choice of Milk ✓

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Enjoy your summer.
See you next year.

Big Breakfast or Cereal & Toast
Fruit & Choice of Milk ✓ **3**

Beef Patty w/ Gravy & Roll or Chicken Fajita Wrap, Steamed Broccoli, Mashed Potatoes, Fruit & Choice of Milk ✓

Big Breakfast or Cereal & Toast
Fruit & Choice of Milk ✓ **10**

Hamburger or Chicken Tetrazzi w/ WG Roll, Fried Okra, Garden Salad, Fruit & Choice of Milk ✓

Big Breakfast or Cereal & Toast
Fruit & Choice of Milk ✓ **17**

Hamburger or Poppy Seed Chicken w/ Brown Rice and Roll, Sweet Potato Puffs, Mashed Potatoes, Fruit & Choice of Milk ✓

Cereal & Apple Cin Muffin
Manager's Choice,
Fruit & Choice of Milk ✓ **24**

Hamburger or Manager's Choice w/ Honey Roll, Fried Okra, Garden Salad w/ Ranch, Fruit & Choice of Milk ✓

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Chicken Biscuit or Cereal & Toast
Fruit & Choice of Milk ✓ **4**

Chicken Sandwich w/ Lettuce & Tomato or Manager's Choice, Honey Roll, Corn, Sweet Potato Puffs, Fruit & Choice of Milk ✓

Chicken Biscuit or Cereal & Toast
Fruit & Choice of Milk ✓ **11**

Chicken Taco w/ Lettuce & Tomato Cup, or Catfish Strips, Hush Puppies Creamy Cole Slaw, Fruit & Choice of Milk ✓

Chicken Biscuit or Cereal & Toast
Fruit & Choice of Milk ✓ **18**

Pizza Wedge or Turkey Sandwich w/ Lettuce & Tomato, Sun Chips, Baked Beans, Fruit & Choice of Milk ✓

Cereal & Wheat Toast or Manager's Choice,
Fruit & Choice of Milk ✓ **25**

Turkey Sandwich, Sun Chips, Lettuce and Tomato, Carrot Sticks and Ranch, Fruit & Choice of Milk ✓

Did you Know...
The birthstone of May, the emerald, symbolizes success and love.

Primary and Elementary Schools eat free. Free and Reduced Price Meal Applications are still required to be turned in by parents.



All Georgia Grown items identified with a green check mark. ✓

Menu subject to change without notice based on seasonal availability, delivery failure and/or managers discretion.

Georgia Grown Fresh fruits & Vegetables served with every meal. Local produce is served when in season.

1%, Skim, Low Fat, Fat Free Chocolate and Lactaid offered with every meal at every school.

We have taken the pledge to:



Striving for Excellence in everything we do for our customers.

BIG BREAKFAST:
Scrambled Eggs, Sausage Link, Grits or Cereals & Toast, Fruit & Choices
All Sandwiches served with Lettuce & Tomato.

You can apply for Free or Reduced priced meals anytime. Contact your school or the SNP Office at 770-358-5891 for an application. On-line payments can be made at: www.myschoolbucks.com